

All-Star Cruises & Travel, Inc.

Home of, "Dan, The Travel Man!"

Personal Attention/Professional Service

www.DanTheTravelMan.com

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An Alaska Cruise/Conference Living Lighter and Healthier with Dr. Monica Ganz

July 6 - 13, 2012 Cruise Only - July 6 - 17, 2012 Cruise/Tour
~ Royal Caribbean International - Radiance of the Seas ~

Travel, vacation, cruises, exotic places - sounds good. All of these things can be yours by joining us on one of our Make it a Lifestyle™ Cruises. We all gather together with other people who are concerned about their weight and want to live a healthier lifestyle. We gather together to learn from one another and to play together. We explore adventures that we would have never been able to do with out our weight loss.

We all have lost weight and now the world is ours. What a better way to celebrate than with a Make it a Lifestyle™ Cruise. You can participate in all of the ships activities on land and at sea or do nothing at all, the choice is yours. Make it a Lifestyle™ offers classes on nutrition, exercise, motivation, cooking, lifestyle changes, along with long term issues for continued success. Classes will be held while we are sailing and when we get to the ports you are off to explore paradise or go on an adventure of a lifetime. We will meet at dinner to share where we explored or what adventure we experienced each day.

Please consider joining us on one of our Make it a Lifestyle™ Cruises. It will be an adventure of your lifetime. Please feel free to call Dan, The Travel Man at 800-818-3739 about any travel questions or call me at 818-935-8530 for any questions about the seminar.

Monica Ganz, Ph.D., CWLC

Vancouver, British Columbia

Most recently ranked by The Economist as the number one most livable city in the world, Vancouver is a picturesque city surrounded by the waters of the Pacific Ocean and the snow capped peaks of the Coast Mountain range.

Vancouver is Canada's third largest city with many unique neighborhoods to explore including Gastown, Yaletown, Chinatown and the West End. Visitors can enjoy world class shopping, gourmet meals, outstanding live entertainment, sporting events, theatre, outdoor adventure and world-class attractions.

Inside Passage (Cruising)

Cruising through the Inside Passage is really what has made Alaska cruising so popular. This trip captures so much of what people love about Alaska. There are glaciers the size of Rhode Island, misty rain forests, ghostly blue fjords and spirited communities that celebrate their varied heritage. Be sure to take in every view as you sail through one of the most beautiful parts of Alaska.

Ketchikan, Alaska

Ketchikan originated as an Indian fish saltery, but the town's major growth began when it became a supply base and entry port for miners during the 1898 Gold Rush to the Klondike. Much of the town's colorful past is still in evidence, especially in the nearby Indian villages, where you'll see colorfully carved totem poles and hear the fascinating legends that surround them.

Icy Strait Point, Alaska

Icy Strait Point is located near the city of Hoonah, the largest native Tlingit Indian settlement in Alaska, and very near Glacier Bay National Park. Home to a historic cannery, the port's connection to the sea is strong. Locals share the sea with humpback whales, orcas, Dall porpoises, seals, sea otters, halibut and all five species of Pacific salmon. It is not uncommon to spot a humpback or an orca while walking along the shore.

Juneau, Alaska

Juneau, the capital of Alaska, was founded during a gold rush in 1880. Today, the former gold-mining town counts among its riches some of Alaska's most spectacular scenery. Nestled at the foot of Mt. Juneau in the Alaska Panhandle, it faces the water from the mainland side of Gastineau Channel. Several magnificent fjords are located along the channel coast, and the majestic Mendenhall Glacier, a favorite of visitors, is nearby.

Skagway, Alaska

When gold was discovered in the Klondike region of the Yukon Territory (just across the border from Alaska), it resulted in the historic Gold Rush of 1898. As thousands of gold-crazed adventurers sought the best starting point for their arduous trek, they found the deepest penetration possible by boat was at the northern tip of the Lynn Canal. This is how Skagway was born.

Hubbard Glacier (Cruising)

The longest river of ice in North America, the Hubbard Glacier is also one of the most active glaciers of its kind in Alaska. And since our ships are designed to provide our guests with the best viewing possible, you'll be able to see this massive natural wonder, with its 1,350 square miles of blue ice, from just about anywhere on the ship.

Seward, Alaska

Seward is not only one of Alaska's oldest communities, it's also one of its most scenic. Visit and discover this picturesque town known as the gateway to Kenai Fjords National Park. You'll find a historic downtown district filled with quaint shops and art galleries, and some of the most exciting outdoor adventures imaginable.

Cruise Only Passengers will end there cruise vacation here.

Cruise/Tour Passengers will continue with this land tour.

Day 8 - Seward/Anchorage/Fairbanks

Once in Seward, you'll board a deluxe motor coach for a scenic drive to Anchorage airport. Here you'll meet your Adventure Specialist for a flight to Fairbanks. Depending on your flight schedule, you'll be able to visit an Alaskan museum in Anchorage or Fairbanks. You'll spend the night in Fairbanks.

Day 9 - Fairbanks/Denali

You'll cruise on the riverboat Discovery Sternwheeler in the morning, which includes a stop at an Athabascan Indian Village. Then travel by deluxe motor coach to Denali in the afternoon. You'll have the rest of the day for optional activities such as river-rafting or flight seeing, or you can just marvel at the natural beauty of the area before you settle in for the night at your Denali hotel.

Day 10 - Denali/Talkeetna

Start the day with the Denali Natural History Tour in Denali National Park. Then sit back and relax as you take in the wonders of Alaska aboard the Wilderness Express, our glass-domed train cars, on your way to Talkeetna. When the day ends you'll have time for independent activities, including glacier flight seeing or river-rafting. At night, you can relax at the Talkeetna Alaskan Lodge.

Day 11 - Talkeetna/Anchorage

Spend the first part of your day exploring the area or participating in an optional activity such as a float trip on the Talkeetna River. Late in the afternoon, board the Wilderness Express for a journey through the scenic wilderness. The trip ends in Anchorage, Alaska's largest city, where you'll spend the night.

Day 12 - Anchorage

Your Adventure Specialist will see that you are transferred to the Anchorage airport for your flight home.

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We have held space for 90 passengers on this cruise and 32 on the cruise/tour for this life-changing cruise/conference.

Please feel free to refer your friends and family to my website at **www.DanTheTravelMan.com** for more information. I will also be happy to mail or email this information to anyone who would consider such a cruise/conference experience. Please call my office and request the packet for the **Dr. Monica Ganz - "Make It A Lifestyle!" Alaska Cruise/Conference 2012.**

Remember, only a \$400 fully-refundable, per-person deposit holds your space for this cruise/conference experience. An information sheet and reservation booking sheet are included in this package.

All reservations made through **All-Star Cruises & Travel, Inc.** and are fully backed by The Airline Reporting Corporation (ARC), Cruise Line International Association (CLIA) , International Association of Travel Agents Network (IATAN) , American Society of Travel Agents. (ASTA). We take our commitment to excellence very seriously. If you have any questions, please don't hesitate to contact us.

Living Lighter & Healthier with Dr. Monica Ganz Alaska Cruise/Conference 2012

Sailing Dates: Friday, July 6, 2012 - Friday, July 13, 2012

Cruise/Tour Dates: Friday, July 6, 2012 - Tuesday, July 17, 2012

Cruise Company: Royal Caribbean International

Name of Ship: ms Radiance of the Seas

Itinerary: Friday ~ Depart Vancouver, British Columbia 4:30PM
Saturday ~ Inside Passage (Cruising)
Sunday ~ Ketchikan, Alaska 7:00AM - 5:00PM
Monday ~ Icy Strait Point, Alaska 9:00AM - 6:00PM
Tuesday ~ Juneau, Alaska 7:00AM - 8:30PM
Wednesday ~ Skagway, Alaska 7:00AM - 4:00PM
Thursday ~ Hubbard Glacier (Crusing) 7:00AM - 11:00AM
Friday ~ Arrive Seward, Alaska 7:00AM

Optional Land Tour: Seward, Anchorage, Fairbanks
Saturday ~ Fairbanks/Denali, Alaska
Sunday ~ Denali/Talkeetna, Alaska
Monday ~ Talkeetna/Anchorage, Alaska
Tuesday ~ Anchorage, Alaska

Cruise Only Cost: Inside Stateroom Category N
\$1299 per person/double occupancy
3rd & 4th in same cabin - \$1129
Oceanview Stateroom Category H
\$1599 per person/double occupancy
3rd & 4th in same cabin - \$1199
Oceanview Balcony Stateroom Category E3
\$2099 per person/double occupancy
3rd & 4th in same cabin - \$1299
Jr. Suite Category JS
\$2999 per person/double occupancy
3rd & 4th in same cabin - \$2199

Full Suites Available - Call for a quote.

**Accessible cabins are available for those with special needs.
Please call for a quote.**

Single cabin cost = 200% of double occupancy fare

Cruise/Tour Cost:

- Inside Stateroom Category N**
\$2359 per person/double occupancy
3rd & 4th N/A
- Oceanview Stateroom Category H**
\$2659 per person/double occupancy
3rd & 4th in same cabin - \$2399
- Oceanview Balcony Stateroom Category E2**
\$3189 per person/double occupancy
3rd & 4th in same cabin - \$2599
- Jr. Suite Category JS**
\$4099 per person/double occupancy
3rd & 4th in same cabin - \$3299

Full Suites Available - Call for a quote.

**Accessible cabins are available for those with special needs.
Please call for a quote.**

Single cabin cost = 200% of double occupancy fare

Cruise Package Includes: 7-night sailing aboard the ms Radiance of The Seas, all food, entertainment and onboard activities, all scheduled events as presented by Dr. Monica Ganz, complimentary cocktail party, \$25 per cabin onboard credit, taxes and conference fees.

Cruise/Tour Package Includes: Everything listed above in the cruise only package, plus an additional 4 night/5 days touring Alaska and instead of a \$25 onboard credit, you will enjoy a \$50 per cabin onboard credit. Lodging, touring and escort. Food is not included while doing the land tour.

Air from your home city is available. Please call for a quote.

Remember, when purchasing air from the cruise line, transfers to and from the airport and pier are included.

***Air & Pre-Packages:** We have negotiated special pre & post-packages for this special cruise/conference for those wishing to extend their vacations. If you need air, hotel, transfers, car or any other travel needs, please call me for a quote...800-818-3739 nationwide toll-free.

Transfers: Round trip transfers for our cruise only guest from Royal Caribbean is \$145 per person and \$166 per person for our cruise/tour guests

- Citizenship:** A valid passport is strongly recommended.
Please verify that your passport is valid until March 2012.
- Private Group:** Please be aware that this is a private group. Only individuals who book directly with All-Star Cruises & Travel, Inc. will be allowed to participate in all of the seminars and social events with Dr. Monica Ganz. This is monitored with a pass that will be sent to you prior our sailing and must be presented at all events.
- Travel Insurance:** Travel insurance is highly recommended!
Please call for a cost quote.
- Payments:** A refundable* \$400.00 per-person deposit holds your space, and is due upon booking.
- 2nd payment of \$400 is due November 15, 2011.
- On April 15, 2012, cancellation penalties will apply.
Please see your brochure for amounts.*
- Final payment is due on April 15, 2012.
- Forms of Payment:** Cash, check, money order, and all major credit cards.

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Please PRINT Clearly! (for 3rd, 4th and 5th in the same cabin, please use a second booking sheet)

Legal Name w/middle initial (passenger #1) _____
Address _____
City/State/Zip _____
Home Telephone _____
Business Telephone _____
Emergency Contact Name & Phone Number _____
Email Address _____
Date of Birth _____ Are you a past Royal Caribbean? _____
Are you a US Citizen? _____ Home Airport City? _____

Legal Name w/middle initial (passenger #2) _____
Address _____
City/State/Zip _____
Home Telephone _____
Business Telephone _____
Emergency Contact Name & Phone Number _____
Email Address _____
Date of Birth _____ Are you a past Royal Caribbean Guest? _____
Are you a US Citizen? _____ Home Airport City? _____

Smoking or Nonsmoking Cabin (circle one) - 2 twin beds or 1 queen (circle one)

Special dietary needs? Yes or No - Window or aisle seating on an airplane?

Please indicate room choice:

Cruise ONLY - Inside _____ Oceanview _____ Oceanview Balcony _____ Jr Suite _____
Cruise & TOUR - Inside _____ Oceanview _____ Oceanview Balcony _____ Jr Suite _____

Form of Payment...Cash - Check - Visa - Master Card - Discover - American Express

Credit Card Number _____
Expiration Date _____
Name as it appears on card _____
Billing address of card _____
City/State/Zip _____
Cardholder's Signature _____

Please send the completed reservation form, including your \$400.00 per person refundable* deposit, to:

Living Lighter Alaska Cruise/Conference 2012

All-Star Cruises & Travel, Inc.

5386 Kelly Road - Flint, MI 48504

OR FAX 810-230-7992